The MY HERO Project TEACHER'S GUIDE

EDUCATE - INSPIRE - ENGAGE - EMPOWER



www.myhero.com

"There is a great and perhaps decisive battle to be fought against ignorance, intolerance, and indifference in the world." - Edward R. Murrow

The MY HERO Project's mission is to use media, art and technology to celebrate the best of humanity, one story at a time.

Dear Educator,

I write to you as a fellow teacher, an activist, and a Global Ambassador for The MY HERO Project. I write to you about the power of education and the opportunity for inspiration at your fingertips. My own education has enabled me to rebuild my life, after having lost everything in a conflict that enshrouded my home country of Sierra Leone. Now I help bring MY HERO's tools and technologies to teachers worldwide.

Education helps us to work towards creating a more just world. As modern life rapidly changes, the fundamental values of our educational system must be taught in innovative ways. Our challenge as teachers and as concerned citizens is to leverage the power of technology to ensure the robust intellectual and moral development of our youth. This new Educator Guide will give you an in-depth look at some of the features available on The MY HERO Project website so you can more easily integrate these interdisciplinary, skill and character building resources into your own classroom.

The MY HERO Project helps bring classrooms advanced technology and media arts education that aligns with the core values that we hold dear--peace, tolerance, courage, and justice. Myhero.com hosts free educational resources and a child-friendly digital library that enable individuals of all ages to create, share and discover inspirational stories, art, audio, and short films with a global learning community that spans 197 countries. The MY HERO Teacher's Room (myhero.com/teachersroom) provides standards-aligned, project-based lesson plans and tools to customize and present curated content, including your students' own work. MY HERO makes positive media accessible and interactive, facilitating Learning Circles with classrooms across the world. Through participating, students build skills in critical thinking, project management, research, communication, new media literacy and more.

Welcome to The MY HERO Project - I hope it will challenge you and your students to see the world differently, as it has done for me.

Regards,

Mohamed Sidibay The MY HERO Project Global Ambassador

Mohamed Sidibay meets the Dali Lama at the 2016 gathering of world leaders and nobel laureates in India.

STORIES MUSIC FILMS ART VR

"Through MY HERO, students learn to become reporters and filmmakers celebrating unsung heroes in our midst."

-Cheikh Darou Seck, Educator Martin Luther King Jr. School for Girls, MY HERO Global Exchange, Senegal



TELL THE WORLD ABOUT YOUR HERO



myhero.com

DIGITAL STORYTELLING

MY HERO provides digital online tools for visitors to publish web pages that honor heroes around the world using text, images, audio and films. Students can create a digital portfolio of their work on MY HERO. Teachers can organize online media playlists for students to explore selected content from our ever-growing internet archive.

The MY HERO Project will not knowingly publish any work that has been plagiarized or reproduced from any other source and will not promote hate, violence or prejudice anywhere on our website.

The MY HERO Team supports teachers, students and activists to help them use media to tell their hero stories with free online mentoring. Our staff is available for educational workshops.

> **Story Editor Becky Miller**

Gallery Editor Victoria Murphy



Audio Director WTM Stu Pearlman Xenia Shin **Global Educators / Partners**

Mohamed Sidibay

Cheikh Darou Seck

Laura Nietzer Jerrilyn Jacobs Mali Bickley Sarah Armstrong Ph.D To learn more about media arts mentors, <u>click here</u>. 7 For mentors, contact myhero@myheroproject.org

Need more help? Visit myhero.com/help 6



Films Director Wendy Milette

Film Festival Anabelle Vo



Learning Circles Wendy Jewell

Technical Support Nathan Smith

Slater Jewell-Kemker Skip Blumberg

EDUCATOR FEEDBACK

TEACHER'S ROOM

MY HERO's Teacher's Room provides standards-aligned lesson plans, resources and tutorials. Teachers share their curriculum on using MY HERO in the classroom to provide character education and role models to students from around the world. Teachers connect with other educators via our community board and our social media platforms.



"The students really enjoyed learning from other students around the world. The MY HERO Project gave them insight into the fact that there are heroes all over the world that we don't recognize or know about. They learned so much. I am definitely going to sign up for the MY HERO Learning Circles again!"

> "Thanks to this project, we learned about so many interesting scientists, doctors, astronauts and other Canadian heroes who have made a difference not only in their communities but in the world." -Teacher Mali Bickley,

For technical support, go to myhero.com/help or email techsupport@myhero.com



-Teacher Maria Perryman, George B. Armstrong School, USA

iEARN Canada

EDUCATOR FEEDBACK

"We enjoyed researching and writing about our heroes, as we enjoy reading about yours!" -Abdelaziz R Rhazzali Agbalou Elementary School - 6th Grade Class, Morocco

"My students have enjoyed reading other essays and then submitting their own. It is one of their favorite projects. Thank you for providing a format for these young writers. It is so motivating for them to have an audience!" -Joyce Christman, Mary Emma Bailey ES - Dublin, OH

"The children and I have enjoyed participating in The MY HERO Project. They have gained a great deal from this experience. Thank all of you connected with this endeavor; it's a terrific learning experience." -Jonathan Feinn, Carlos Rey ES, Albuquerque, New Mexico

"I cannot say enough about the educational value as well as the enjoyment the students receive from participating in your program. Thanks so much for providing us with such a unique and delightful opportunity!"

-Sarah Meyer, Lancaster School ES - Madisonville, Louisiana

"This project has given us a vast perspective toward different people from different parts of the world. We loved doing this. Thank you MY HERO." -Farnoush Ahmadzadeh Mashar United High School - 11th Grade Class, Iran

"Thank you all for this great experience. You have been an inspiration to me and my teaching. My students and I had a great time being a part of MY HERO and making films about their heroes." -Yao Yawen National Chauchou High School - 10th Grade Class, Taiwan

EDUCATOR'S QUICK START GUIDE

Explore our rich online multimedia library.

STORIES

myhero.com/Stories

Our online archive hosts over 50,000 Hero Essays celebrating local and global heroes. Students share their vision of heroism here.

ART

myhero.com/Art

Our online gallery features over 3,000 works of art to get your class thinking about what makes a hero.

FILMS

myhero.com/Films

myhero.com/VR

myhero.com/Audio

Our online screening room hosts over 2,500 short films made by professionals and students from around the world.

VIRTUAL REALITY

Featured winners and finalists from the MY HERO Immersive Storytelling contest sponsored by Oculus.

AUDIO

Listen to music, stories, spoken word and poetry celebrating heroes from around the world and read the text along with the narrator.

HEROES IN THE NEWS

myhero.com/Newswire

Explore current events with an emphasis on heroism...selections from AP, Christian Science Monitor and MY HERO.

CALENDAR

myhero.com/Calendar

365 DAYS OF HEROES - The MY HERO calendar notes hero birthdays, UN International Days and other special events bringing together curated multimedia content from our archive.

GUESTBOOK

myhero.com/Guestbook

A quick way to honor a HERO - mobile friendly - post a photo and a short tribute!

TEACHER'S ROOM

EDUCATOR ACCOUNTS

MY HERO is used by a community of more than 35,000 registered educators worldwide. By registering as a teacher on MY HERO, you will be given special tools to organize your students' work as well as thematic content on MY HERO. You can also connect with teachers around the world taking part in the project by placing yourself on the community map or participating in a learning circle.

STUDENT ACCOUNTS

Students are invited to become reporters sharing their hero stories using our online tools. Students can add to their digital portfolio of inspiration year after year.

LESSON PLANS, RESOURCES **AND TUTORIALS**

Teachers of language arts, social studies, environmental ed., ESL, visual arts, and media have contributed standards-aligned lesson plans for using MY HERO in the classroom. Downloadable flyers and tutorials help you use MY HERO's online digital storytelling tools.

MEDIA ARTS EDUCATION

Resources to help your students make inspiring short films.

FORUM

"How Should We Choose Our Heroes?" This topic is a great starting point for exploring the theme of heroism.

LIBRARY

A virtual collection of thousands of books about heroes whose stories have been featured on the MY HERO website.

LEARNING CIRCLES

This MY HERO-iEARN partnership brings together classes from around the globe.



myhero.com/TeachersRoom

myhero.com/Register

myhero.com/Register

myhero.com/Resources

myhero.com/MediaArts

myhero.com/Forum

myhero.com/Library

myhero.com/LearningCircles

TELL THE WORLD ABOUT YOUR HERO

Teachers, students and professionals share their hero stories, art and films with our audience of visitors from around the world.

Click on the banners below to see examples of student and professional work on MY HERO:

CLASSROOM TOOLS & OPPORTUNITIES

MANAGING YOUR STUDENTS' CONTENT ON MY HERO

SAMPLE CLASSROOM ORGANIZER

1. Register for an Educator Account myhero.com/register

A MY HERO educator account allows you to access and review your students' work prior to publishing media online. You can also create a unique directory of all of your students' work published on MY HERO using our simple web management tools so you can share their work with your school community and MY HERO visitors. Tutorial: Registering an account

2. Request a "Class Code" myhero.com/user/profile

Class Codes help you group your students' work together online in a published directory. Request a Class Code **before** your students begin the project. Educators can receive multiple Class Codes for different class periods.

Tutorial: <u>Class Codes</u>

3. Students register for a MY HERO student account

Students enter their name, user-name, password, and Class Code. By entering their Class Code as they register, you will be able to easily locate all of your students' work on MY HERO.

Tutorial: Student Registration

4. Have your students create MY HERO webpages

Using our digital storytelling toolkit, students can publish web pages sharing art, stories, films, and music that celebrate their heroes within their community and their world. The MY HERO account becomes a student's digital portfolio and can be used year after year.

Tutorials: <u>Creating a Story Page</u> / <u>Audio</u> / <u>Art</u> / <u>Film</u>

5. Organize your students' work on MY HERO

Create classroom web pages or thematic pages using the MY HERO Organizer Tool. Gather and display all your classes' work (stories, art, short films, music) on MY HERO into a unique directory page.

Tutorial: Classroom Organizer

MY HERO CALENDAR: 365 DAYS OF HEROES

Use the MY HERO Calendar throughout the year to enrich learning with media celebrating heroes' birthdays, special events, and UN International Days.

myhero.com/calendar

MULTIMEDIA JOURNAL

Our homepage changes weekly to feature thematic content and diverse heroes. Themes and celebrations include Human Right's Day, International Women's Day, Black History Month, Earth Day, World Ocean's Day and more on myhero.com.

March 8th - International Women's Day

October 11th - Day of the Girl Child

November 10th - Malala Day

April - Jazz Appreciation Month

December 10th - Human Rights Day

April 22 - Earth Day

STORIES

Professional writers, individuals, teachers and students contribute inspiring stories to our growing library of heroes from all walks of life. Prizes are awarded to students for outstanding stories.



MY HERO's online library hosts thousands of stories, including bilingual essays, about all kinds of heroes from family members to global leaders.

Upload your original hero-themed essay or story. Join our global learning community and celebrate those working to effect positive change in the world.

myhero.com/stories

Calling WRITERS of all ages! Share YOUR Hero Stories

Awards

MY HERO awards prizes to outstanding student writers who eloquently share their hero's story.

Celebrate heroes and acts of courage

To see examples of work posted by writers from around the world, browse our directory of hero stories at **myhero.com/directory**.

Lesson plans and resources are freely available for educators interested in integrating my hero storytelling tools into their curriculum: **myhero.com/teachersroom.**

Download the <u>Create Tutorial here</u>. to share with your students as they prepare their essays to publish as web pages on MY HERO.

For more information, contact: shannon@myheroproject.org



Professional and student artists share original artworks on MY HERO. Prizes are awarded for outstanding portraits.

Visitors are encouraged to explore the MY HERO online gallery hosting thousands of works of art.

Credits (clockwise from top-left): Frederick Douglass by Robert Shetterly - AWTT.org, Jane Goodall by Samantha Gamble, May Peace Prevail on Earth by Nick Scrypnyk - Peace Pals International, Jerry Garcia by Gail G. Slockett

myhero.com/gallery

Credits (clockwise from top-left): Feeding me for Life by Julio Lukwago, Abraham Lincoln by Christie Fisher,

Students share their vision of heroism!

Teachers, inspire your students to create portraits, environmentally themed art and graphical PSAs to promote local and global heroes.

Visualize Heroism

<u>Watch a short film introduction</u> to the MY HERO gallery by director Victoria Murphy

Use art to teach the themes of peace, social justice, and environmentalism with **this lesson plan**.

Celebrate heroes and acts of courage

All art submitted must be original, family friendly and positive in its message. <u>Tutorials</u> to help students are available. <u>Register</u> to publish and share their art with our audience of visitors from around the world. <u>Resources</u> are available for arts educators.

Student Prizes Awarded

Elementary, middle, high school and college student art will be awarded prizes at our HERO Fest.

The Shetterly Portrait Prize

This prize recognizes the artist who most eloquently represents a hero or an act of heroism in an artwork. This \$500 award is given by artist **Robert Shetterly**, founder of **Americans Who Tell the Truth**.

Learn more: myhero.com/robert-shetterly.

Browse Examples of Hero Art

<u>Click here</u> to view selected highlights of student and professional hero art on MY HERO.



Professional artists and students contribute original music, speeches, poetry readings, and interviews on MY HERO's Audio Studio. MY HERO hosts an annual song contest.

Listening to audio recordings of MY HERO stories in English while reading along enriches ESL programs and supports early readers.

Hannah Taylor Ladybug Foundation

Student @ the Children's Foundation of Technology in Sierra Leone record audio for MY HERO Song Contest Olivia Milch

myhero.com/audio



Students, teachers and professional musicians share original hero songs, poetry and stories about heroes and the concept of heroism in MY HERO Audio Studio. To upload audio files register online for a MY HERO account and publish your music, your poems, your interviews with heroes to share with our global learning community.

Song Contest

professionals share their hero tunes! Learn more at myhero.com/songcontest

EFFECTIVE STORYTELLING Does the song tell the story of a real hero? Does it foster planet conscious ideas and action?

POETIC LYRICS

Using language to creatively share a concept of idea celebrating heroism. Do the words inspire others with their beauty, clarity, creativity and accuracy?

MELODIC CONTENT

Do you like the tune? Is it memorable?

PLAYABILITY

Can teachers, students and others successfully play and accompany the song with guitar or ukulele?

SINGABILITY

Is the song musically accessible and engaging? Can children successfully learn and sing it well?

MEMORABLE QUALITIES

Can students easily memorize the song and sing it by heart?

All winning songs will also be shared with students around the world online on MY HERO & Guitars in the Classroom.

MY HERO and Guitars in the Classroom sponsor a Hero Song Contest where categories of students and

FILMS

MY HERO hosts over 2,500 short films in its online screening room. Student and professional filmmakers submit documentary, experimental, animated, and narrative short films about those making a positive difference in our world. Viewing MY HERO Films in the classroom enriches learning and enhances lessons plans. Prizes are awarded for short inspiring films at the annual MY HERO International Film Festival.

Watersong

Upstanders: The Mosque Across the Street

SFU Public Square ONE VOICE Music Project

Hands Up Don't Shoot

Heartbeat of the Earth

Hummingbird

myhero.com/films

Film Festival Award Birds are created by artist Mamadou Tall Diedhiou from Senegal. myhero.com/Birdmaker

Believe

Defying Death in South Sudan

Calling FILMMAKERS of all ages!

Participate in The MY HERO Project! Share short films 10 minutes and under with our global learning community.

Celebrate individuals who are working to effect positive change in the world. Create inspired films that promote local and global heroes. Share your vision of heroism with millions of visitors from around the world who visit our educational website.

Browse our Screening Room to see short films created by visitors from around the world: myhero.com/films

Celebrate unsung heroes around the world working for positive change

All films submitted must be original, family friendly and positive in its message. The MY HERO Project will NOT knowingly publish any work that has been plagiarized or reproduced from any other source and will not promote hate, violence or prejudice anywhere on our website.

MY HERO International Film Festival -Prizes and Awards

Prizes are awarded annually to students and professionals. Cash prizes include:

-Dan Eldon Activist Award -Sylvia Earle Ocean Conservation Award -Relationships First Award -Ron Kovic Peace Prize -Teen Press Prize -Immersive Storytelling Award -Women Transforming Media Award

To learn more visit: myhero.com/filmfestival To submit work visit: myhero.com/submit Media arts education resources available to help you get started: myhero.com/mediaarts

VIRTUAL REALITY

IMMERSIVE STORYTELLING 2017 AWARD WINNERS

360 VIDEO IN HARMONY by ELLIOT DILLMAN

ENVIRONMENTAL BELLA GAIA VR by KENJI WILLIAMS

HONOREE BASHIR'S DREAM by ANGEL MANUEL SOTO | RYOT

THE GREAT ESCAPE PROJECT

RYOT Foundation brings uplifting Virtual Reality experiences to children who are patients at CHOC Hospital

HEROES IN THE NEWS

Uplifting stories from the Associated Press, The Christian Science Monitor, and MY HERO bring current events into the classroom.

myhero.com/newswire

SpaceX 1st: Recycled rocket soars with recycled capsule

Alyse Nelson, co-founder/CEO/President of Vital Voices speaks out on violence against women at 13th Annual MHIFF

Meet the 11-year-old inventor working to improve lead water testing

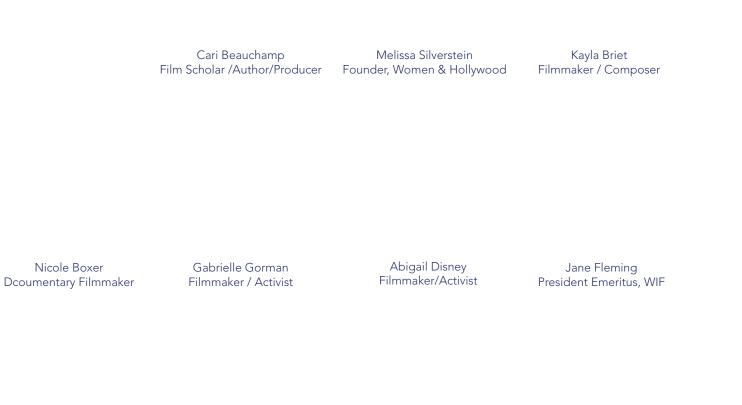
WOMEN TRANSFORMING MEDIA

myhero.com/wtm

Read interviews, watch short films with women leaders, mentors, activists and creators. The WOMEN TRANSFORMING MEDIA portal on MY HERO was launched on Women's Day, 2015, with generous support from the American Association of University Women (AAUW).

SPECIAL EVEN

MY HERO hosts live events with speakers, films, music & art to celebrate a diverse range of heroes working for positive change. We also provide media & resources for schools and community groups planning local events.



Alyse Nelson, CEO & President Vital Voices

Eva Haller presents 2017 Women Transforming Media Award to Vital Voices Eva Haller, inaugural recipient of the Women Transforming Media Award

The Women Transforming Media Award is presented annually at The MY HERO International Film Festival to honor women transforming the media landscape and the world. 42



MY HERO-iEARN LEARNING CIRCLES

CROSS-CULTURAL EXCHANGE

MY HERO and iEARN bring classrooms together through safe online spaces. Teachers and students connect with other classes around the world. discussing and sharing their ideas and media on heroes.

Collaboration

Classrooms around the world participating in the MY HERO Learning Circles Skype with each other

Click to see completed organizer pages

CALL TO ACTION CIRCLES

MY HERO invites teachers and students to choose a hero or heroic organization in their communities to support.

We provide an online platform to share the process with our global learning community.

Call to Action

Students in Morocco participate in the Call to Action Circles by delivering supplies to local nomads

Call to action organizer

"We are a fifth grade class from Morocco and because of this project we had the opportunity to take positive actions in our community: raising awareness in our village about the importance of a clean environment."

> -Teacher Abdelaziz Rhazzali Morocco

Schedule for Learning Circles

Session 1 (September to January): Learning Circle Placement forms are due in early September. Session 2 (January to May): Learning Circle Placement forms are due by the end of January.

Four Circles to Choose From

Elementary, Middle and High School Circles as well as a CALL TO ACTION. All circles incorporate student and teacher forums for interaction, a step by step timeline, free media page and culminate in each student choosing a hero to share with their peers and the world at www.myhero.com.

How to Become a Participant

To join MY HERO Learning Circles you must be a member of iEARN.org and complete an iEARN Learning Circle placement form before the start of each session. For more details, visit myhero.com/learningcircles.

For more information:

Visit this organizer.

Contact the Learning Circles Facilitator: laura@myheroproject.org

"Communicating with other classrooms around the world is extremely beneficial for students who live in a rural area such as ours to catch a glimpse of other cultures and to consider similarities and differences amongst our world's peoples."

-Teacher Katharine Zimmerman South Callway Elementary School 4th Grade Class, USA

EDUCATIONAL PARTNERS

myhero.com/Educational-Partners

MY HERO resources are used in afterschool and community programs around the world. We welcome participation from other educational nonprofits. For more information, click here.

> iEARN is a non-profit organization made up of over 30,000 schools and youth organizations in more than 140 countries... Over 2,000,000 students each day are engaged in collaborative project work worldwide.

The Global Education Conference is an initiative involving students, educators, and organizations with an emphasis on promoting global awareness.

Peace Pals is an International program designed to encourage youth, ages 5-16 to become peacemakers dedicated to living in the spirit of the words "May Peace Prevail On Earth."

> Robert Shetterly's Americans Who Tell the Truth portraits and narratives highlight citizens who courageously address issues of social, environmental, and economic fairness...to inspire a new generation of engaged Americans who will act for the common good, our communities, and the Earth.

ITSE's mission is to empower learners to flourish in a connected world by cultivating a passionate professional learning community, linking educators and partners, leveraging knowledge and expertise, advocating for strategic policies, and continually improving learning and teaching.

Guitars in the Classroom

Teaching through the power of song

ART MILES MURALS PROJECT facilitated the creation of more than 4,000 5x12 ft canvas murals by over 1.5 million people from more than 100 countries to share messages of peace from the hearts of many.

Educator accounts are available for non-profit organizations working with young people to promote peace, tolerance, and environmental education. Click here to learn more.

Guitars in the Classroom seeks to train and equip classroom teachers in order to integrate singing and playing guitar into the daily school experience. Founded in 1998, GITC produces programs over 30 states and several foreign countries.

Creative Visions is a global community of impact media makers. The project celebrates the Dan Eldon legacy and promotes human rights through Rock Your World program.

THANKS TO OUR SUPPORTERS

WHO HAVE HELPED US GROW THROUGHOUT THE YEARS

CORPORATE AND IN KIND SUPPORT

Google Adwords Kingston Technology Associated Press Barracuda MacGillivray Freeman Films [seven-degrees] **Big View Pictures, Inc** Oculus Shure LRG Loews Hotel Jazz at Lincoln Center The Four Seasons Biltmore

MEDIA

Google Cultural Institute Cox Channel 3 - OC KOCE - OC TV Santa Barbara Huffpost RYOT **Digital Hollywood** KX 93.5 **Stu News Laguna** USC - MISC LAUSD-Grand Arts Festival World Children's Festival The American Pavillion Cannes **Coast Magazine** Laguna Beach Independant AFI - SilverDocs

FOUNDATIONS & GRANTS

The Seedlings Foundation Massen Greene Foundation The American Legion Child Welfare Foundation The Alfred P. Sloan Foundation Foundation for the Contemporary Family Laguna Beach Community Foundation City of Laguna Beach **Orange County Community Foundation Irving Harris Foundation Puffin Foundation FOA Foundation** California Arts Council **Cox Cares Foundation** American Association of University Women U.S. State Dept. Bureau of Educational & Cultural Affairs

Follow us on Social Media

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EDUCATIONAL ORGANIZATIONS

iEARN Taft High School ISTE **Foshay Learning Center** New Roads School Weemes Elementary School Laguna Art Museum **Crossroads School** Laguna College of Art Herb Alpert Educational Village Laguna Beach Boys and Girls Club Capshaw-Spielberg Center Soka University for Arts & Educational Justice Guitars in the Classroom **UCI Bren School of Information Art Miles Mural Project** & Computer Sciences USC School of Cinematic Arts **Creative Visions** Glasgow Caledonia University Baycat **Global Education Conference Peace Pals International** Mattie J. T. Stepanek Foundation Americans Who Tell the Truth Santa Barbara Middle School Teen Press Francis W. Parker School One World One Ocean Journeys in Film **Coalition for Engaged Education Freedom Writers Foundation Royal Film Comission - Jordan** BellaGaia.com Moss Theatre and more... **MY HERO FOUNDERS** John & Lynn Seigel Boettner

Karen Pritzker **Jeanne Meyers Rita Stern Milch**

FRIENDS

Esther Woicicki Ken Koslow Robin & Mark Cavanagh Helene Cavanagh Eva & Yoel Haller Sandi & Ken Malamed Laird Malamed **Dorothy Meyers** Cynthia Costas & Larry Cohen Ron Kovic TerriAnn Ferren Kathy Eldon Amy Eldon & Jon Turtletaub Joyce & Bill Sharman Joanne Tawfilis Chris Cain Carol & Roger Nilsen

Cara Smyth **James Pelts** Joann & Coby Keller **Rowena Gerber** Mitch Aiken Theresa O'Hare Tom Weinberg **Robert Shetterly Dale Griffiths Stamos** Linda Kahn Cynthia Kersey Leanne Mella David Kleeman **Carolyn Hodge-West** Laura Nietzer Barbara and Greg McGillivray Ann Church Sara Armstrong Gregg and Kathy Abel Judy & Doug Anderson Kim Brizzolara And more...



We look forward to seeing your students participate in The MY HERO Project.

The MY HERO Project is a 501(c)(3) nonprofit educational organization. **myhero.com/DONATE**

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